

# Sabrina Helton

Mezzo-Soprano/Belter (E4-A6, Belt: Eb5)

Pronouns: She/Hers Height: 5'6"

Eyes: Blue Hair: Blonde (779)-212-9427

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## Theatre

<i>Polaroid Stories</i>	Skinhead G.	Bethany Magnum	Northern Illinois University
<i>Summertime</i>	Barbara	Josh Anderson	Northern Illinois University
<i>Walk Across America For Mother Earth</i>	Flower	Frankie Diciaccio	Northern Illinois University
<i>Wonderfully Alice</i>	Humpty	S. Davis, G. Cima	Northern Illinois University
<i>Boy</i>	Trudy	Bethany Magnum	Northern Illinois University
<i>Clue the Musical</i>	Mrs. White	James L. Crow	Winneshek Playhouse
<i>4<sup>th</sup> Graders Present an Unnamed Love Suicide</i>	Brenda	Sarah Davis	Rockford, IL Touring Show

## Film

<i>Good Bones</i>	John Oakes	RVC Summer Film
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## Education

### Northern Illinois University (NIU) – Bachelor's in Fine Arts Acting

*A Four-Year Professional based Program integrates heightened language, body/work, and Period Styles*

Acting: Meisner

Shakespeare/Verse Drama

Period Styles: Victorian, Elizabethan, Restoration

Movement: Feldankrais, Commedia Dell'Arte

Audition Preparation

Text Analysis, Acting on Camera

Ballet

Movement: Williamson Technique, Fitzmaurice, Chekov

Rhetoric/Speech: IPA, Dialects

Patricia Skarbinski, Kay Martinovich, Kendra Holton

Stanton Davis, Alexander Gelman

Kendra Holton

Heather Corwin

Kay Martinovich

Alexander Gelman

Richard Grund

Kendra Holton

Stanton Davis

### Workshops:

Acting Technique Q & A

Laban Movement and The Eight Efforts

Voice Opening and Finding Resonance

Film/Acting Analysis

Improv Vocal Class

Master Dance Class: Hip-hop, Jazz, Contemporary

Vocal Performance/Acting Technique

J. Nicole Brooks, Northern Illinois University

Paul Kassel, Northern Illinois University

Steven Rishard, Northern Illinois University

Anthony Grasso, Auburn Creative and Performing Art

Dave Wetzel, Auburn Creative and Performing Art

Kevin and Marcel Wilson, Masterclass

Frank Wright II, Court Street Methodist Church

## Special Skills

**IPA Dialects:** RP, Standard, American, Cockney, **German Folk Dancing (8+), Professional Caterer (8+),**

**Professional Vocal Training (8+), Dance (Musical Theatre), Valid Passport, Hair/Makeup – Period Styles (6+)**

